

The Church: The Blessings of Adoption through Christ

Ephesians 1:3-10

... God raised (Christ) from the dead and seated Him at His right hand in the heavenly realms (1:20)

... God raised us up with Christ and seated us with Him in the heavenly realms in Christ Jesus (2:6)

The Christian life does not begin with walking; it begins with sitting... Christianity begins not with a big 'Do', but with a big 'Done'. Thus Ephesians opens with the statement that God 'has' blessed us with every spiritual blessing in the heavenly realms in Christ (1:3) and we are invited at the very outset to sit down and enjoy what God has done for us; not to set out to try and attain it for ourselves. (Watchman Nee, Sit, Walk, Stand, p. 11 - 12)

- The Apostles Creed (# 622 in Hymn Book)
- Foreword: Some Observations on Ephesians 1

- Past Blessings (1:4 - 6)

- Present Blessings (1:7 - 8)

- Future Blessings (1:9 - 10)

Questions for Reflection:

Discuss the thoughts that Pastor Terry shared as observations to Ephesians 1.

Is this helpful in seeking to reconcile the doctrine of election with free will? How comfortable are you with the seeming tension between these concepts? What is the danger in letting go of one for the sake of the other? Why has the Lord not made it more plain in His Word? Like Paul, can you begin and end the conversation about election with praise and prayer?



Personal Study Notes

Ephesians 1:3-10

*Praise be to the God and Father of our Lord Jesus Christ,
who has blessed us in the heavenly realms with every spiritual blessing in Christ.*
Ephesians 1:3

Verses of Interest:

Insights Gained:

Praise for Spiritual Blessings in Christ

Questions or Insights for Discussion:

- 1)
- 2)

